

Walker Hot Lunch



New this year!

The PTO is excited to offer hot lunch available for purchase with three meal choices. Orders due by Friday, September 7th.

Order now for the entire year. At \$5 a lunch, it is \$50 for all 10 lunches.

Visit the store at www.myschoolanywhere.com and purchase “hot lunch”. Select a meal choice for each student buying hot lunch.

Drinks are not provided. If you normally send your student with a drink, please send it in. If your student has bought milk, they can get their milk as usual. Meal allergens are listed on the reverse side.

Contact Jessica Christensen with questions at jesspal@gmail.com

1

CHEESE PIZZA

Oreos
Apple slices

2

GLUTEN-FREE CHEESE PIZZA

Glutino Chocolate
Vanilla Creme Cookies
Apple Slices

3

GRILLED CHICKEN STRIPS

Glutino Chocolate
Vanilla Creme Cookies
Apple Slices
BBQ Sauce, Ketchup
Ranch Dressing

2018-2019 Hot Lunch Dates

September 14

October 12

October 31

November 16

December 14

January 18

February 8

March 15

April 12

May 17



Ingredients:

Cheese pizza

Crust: wheat flour, water, corn oil, yeast, salt

Mozzarella cheese: pasteurized part-skim milk, cheese cultures, salt, enzymes

Sauce: tomato puree, water, oregano, salt, black pepper

• Allergens - Wheat, dairy

Urban Farmer Gluten free pizza crust - Home Style

Flour starch blend (corn starch, potato starch, white rice flour, tapioca), buttermilk, water, extra virgin olive oil, sugar, egg, guar, gum, sea salt, yeast

Mozzarella cheese: pasteurized part-skim milk, cheese cultures, salt, enzymes

Sauce: tomato puree, water, oregano, salt, black pepper

• Allergens - dairy, egg

Hri pizza is not a gluten-free facility. We follow strict guidelines in preparing our gluten-free products, which includes baking the pizza in the manufacturer's pan, but unfortunately cross contamination can still occur. We advise anyone with celiac disease or wheat/gluten allergies to please use caution when consuming these products

Grilled chicken

o Chicken marinade: olive oil blend (canola & vegetable oil, olive oil), red wine vinegar, durkee rotisserie seasoning (salt, dehydrated onion, paprika, chili pepper and other spices, dehydrated garlic, citric acid, red pepper, less than 2% silicon dioxide to prevent caking), la flor adobo seasoning (salt, garlic, onion, black pepper, oregano, paprika, disodium guanylate, disodium inosinate, coriander and cardamon.)

Oreo 2 pack

Sugar, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Partially Hydrogenated Soybean Oil, Cocoa (Processed With Alkali), High Fructose Corn Syrup, Baking Soda, Cornstarch, Salt, Soy Lecithin (Emulsifier), Vanillin - An Artificial Flavor, Chocolate.

Glutino - Gluten-free Chocolate Vanilla Creme cookies

TAPIOCA FLOUR, RICE FLOUR, VEGETABLE SHORTENING (PALM OIL, SOYBEAN OIL, CANOLA OIL, ALPHA-TOCOPHEROL AS AN ANTIOXIDANT), CONFECTIONER'S SUGAR, COCOA (PROCESSED WITH ALKALI), WATER, TAPIOCA SYRUP, CORN STARCH, CASSAVA FLOUR, DEXTROSE, COCOA, POTATO FLOUR, SOY LECITHIN, SALT, NATURAL VANILLA FLAVOR, SODIUM BICARBONATE, XANTHAN GUM. **CONTAINS:** SOY. **MAY CONTAIN:** MILK, EGGS, PEANUTS AND TREE NUTS.

Apple Slices

Apples, calcium carbonate and ascorbic acid (to prevent browning)

Barbecue sauce

High fructose corn syrup, vinegar, tomato paste, modified food starch, salt, pineapple juice concentrate, natural smoke flavor, spices, caramel, sodium benzoate as a preservative, molasses, corn syrup, garlic sugar, tamarind, natural flavor

• Allergens - Soy

Ranch dressing

buttermilk, vegetable oil (soybean, canola), water, egg yolk, salt, nonfat dry milk, lemon juice, cream solids, sugar, natural flavor, potassium sorbate as a preservative, vinegar, xanthan gum, onion, spices, garlic, modified food starch, monosodium glutamate, guar gum, beta carotene.

• Allergens - Milk, soy, eggs

Heinz Ketchup Packets

Tomato puree, honey, white wine vinegar, spices, onion powder, salt