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Hot Lunch Ingredients & Allergen Information 2024/25

CHEESE PIZZA

Crust: Wheat Flour, Water, Corn Oil, Yeast, Salt

Cheese: rbst Free Whole Milk Mozzarella Cheese* - Pasteurized milk, cheese cultures, salt, enzymes, (*Our cheese is made from milk that is rbst Free. No significant difference has been shown between milk derived from rbst treated and non-rbst treated cows)

Sauce: Tomatoes, salt, water, spices (oregano, salt, black pepper)

Total Allergens: Contains Wheat, Milk

GLUTEN FREE PIZZA*

Crust: Rice flour, tapioca starch, filtered water, potato starch, egg whites, eggs, vegetable shortening (canola oil, hydrogenated cottonseed oil), sugar, CONTAINS LESS THAN 2% OF THE FOLLOWING: Organic extra virgin olive oil, yeast, salt, natural flavour, organic defatted soy flour, kosher gelatin, leavening (baking soda, sodium aluminium phosphate), soy lecithin, xanthan gum, gum Arabic, organic guar gum

Cheese: rbst Free Whole Milk Mozzarella Cheese* - Pasteurized milk, cheese cultures, salt, enzymes, (*Our cheese is made from milk that is rbst Free. No significant difference has been shown between milk derived from rbst treated and non-rbst treated cows)

Sauce: Tomatoes, salt, water, spices (oregano, salt, black pepper)

Total Allergens: Dairy, Eggs, Soy.

» *HR/ Pizza is not a gluten-free facility. We follow strict guidelines in preparing our gluten-free products, which includes baking the pizza in the manufacturer's pan, but unfortunately cross contamination can still occur. We advise anyone with Celiac Disease or wheat/gluten allergies to please use caution when consuming these products.

PASTA WITH SAUCE

Pasta: Water, Enriched Semolina (Durum Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, and Folic Acid)

» Allergen Information: Contains Wheat, Milk

Marinara: Vine-ripened fresh tomatoes, fresh sauteed and caramelized onions in a blend of extra virgin olive oil and sunflower oil, carrot puree, garlic puree, salt, sugar, basil, onions, black pepper, red pepper, and naturally derived citric acid.

» Allergen Information: Seeds (Sunflower Oil)

Butter: Pasteurized Cream

» Allergen Information: Milk

ROMANO CHEESE (sheep's milk, cheese culture, salt, enzymes, calcium propionate), Butter Flavoring (whey solids, enzyme modified butter [butter, buttermilk powder, enzymes], maltodextrin, salt, dehydrated butter [butter, buttermilk powder], guar gum, annatto and turmeric [for color]), Salt, Sweet Whey, Seasoning (potassium chloride, flavor [contains maltodextrin]), Titanium Dioxide, Spices, Dehydrated Garlic, Citric Acid, Disodium Inosinate and Disodium Guanylate.

» Allergen Information: Milk, Soy

Total Allergens: Milk, Wheat, Seeds (Sunflower Oil), Soy

CHICKEN DIPPERS

Chicken Breast: Chicken Breast

Marinade: Salt Hydrolysed Corn Protein, Sodium Phosphate, Autolyzed Yeast, Onion Powder, Garlic Powder, and Spice

Breading: Wheat Flour, Salt, Spices, Baking Powder (Sodium Acid Pyrophosphate, Bicarbonate of Soda, Corn starch, Monocalcium Phosphate), Spices, Maltodextrin, Natural Flavor and Molasses

Total Allergens: Wheat

SAUCES

Barbeque Sauce:

» Total Allergens: Milk, Soy

Ranch Dressing: Buttermilk, Vegetable Oil (Soybean, Canola), Water, Egg Yolk, Salt, Nonfat Dry Milk, Lemon Juice, Cream Solids, Sugar, Natural Flavor, Potassium Sorbate as a Preservative,

Vinegar, Xanthan Gum, Onion Spices, Garlic, Modified Food Starch, Monosodium Glutamate, Guar Gum, Beta Carotene

» Total Allergens: Milk, Soy

Marinara: Vine-ripened fresh tomatoes, fresh sauteed and caramelized onions in a blend of extra virgin olive oil and sunflower oil, carrot puree, garlic puree, salt, sugar, basil, onions, black pepper, red pepper, and naturally derived citric acid

» Total Allergens: Milk, Soy

OREO COOKIES

Unbleached Enriched Flour (wheat flour, niacin, reduced iron, thiamine mononitrate (vitamin B1), riboflavin

(vitamin B2), sugar, palm oil, soybean and or canola oil, cocoa (processed with alkali), high fructose corn

syrup, leavening (baking soda and or calcium phosphate), salt, soy lecithin, chocolate, artificial flavor

Total Allergens: Wheat, Soy

Gluten Free Oreo Cookie

INGREDIENTS: SUGAR, WHITE RICE FLOUR, TAPIOCA STARCH, PALM OIL, SOYBEAN AND/OR CANOLA OIL, WHOLE OAT FLOUR, CORNSTARCH, COCOA (PROCESSED WITH ALKALI), INVERT SUGAR, SOY LECITHIN, BAKING SODA, SALT, XANTHAN GUM, CHOCOLATE, ARTIFICIAL FLAVOR. CONTAINS: SOY.

APPLE

Gala apple