

Appendix D: Food Allergy Management Plan: Parent Information & Overview

The D181 Food Allergy Management Plan was adopted by the District 181 Board of Education on May 21, 2018. For a copy of the Plan in full, please see [d181>Parents>Health Information>Food Allergy Management Plan](#).

The Plan is aligned with Board policy 7.285, and provides a comprehensive, district-wide plan to prevent or reduce allergen exposure, educate staff, and respond to food allergy emergencies. Following is a summary of action items for District students and parents.

The Plan is communicated to all staff, students and parents prior to the first day of student attendance and includes information on: allergies and anaphylaxis, federal non-discrimination & disability law, classroom food guidelines and resources for parents and staff. The plan will be reviewed annually by a Food Allergy Committee organized by the Superintendent.

Parents play a critical role in ensuring a safe school environment. Please help protect the health and safety of all students by following and encouraging students to follow all established guidelines below:

Elementary Guidelines	Middle School Guidelines
<p>Classroom Snack</p> <ul style="list-style-type: none"> Fruits or vegetables only (including dried fruits such as raisins and applesauce). No additions, toppings or mix-ins (such as dips or spreads). <p>Lunch</p> <ul style="list-style-type: none"> For any classroom lunch or field trip lunch, the building principal will send an email stating that lunches should contain no peanuts or tree nuts. Please ensure that student lunches do not contain any peanuts or tree nuts on those days. <p>Elementary Classroom Parties:</p> <ul style="list-style-type: none"> Classroom parties shall be food free or, at teacher discretion, may include Outshine Fruit Bars (lemon, grape, and/or tangerine), Annie’s fruit snacks, and/or Original Skinny Pop brand popcorn. Students shall not bring food to give as gifts or share with other students (such as with Valentine’s cards, on Halloween, or as holiday gifts). 	<p>Classroom Snack*</p> <ul style="list-style-type: none"> Students shall not bring any snacks containing peanuts or tree nuts into any classroom. Students shall abide by the middle school classroom snack guidelines which include: fruits, vegetables, cheese, Goldfish crackers, Original Skinny Pop brand popcorn, Annie’s fruit snacks, meat jerky, meat sticks and lunchmeat. Dried fruits and applesauce are allowed. No additions, toppings or mix-ins (such as dips or spreads) shall be included. <p>*Teachers will determine whether or not there are snacks allowed in their classroom.</p> <p>Lunch</p> <ul style="list-style-type: none"> Students shall not bring a lunch that contains peanuts or tree nuts into any classroom. Students shall not bring a lunch that contains peanuts or tree nuts on a field trip. Students shall not eat peanuts or tree nuts on the bus (this includes field trips and to/from school).