



## Walker School- Menu Information

### *Meal #1: Cheese Pizza, Apple Slices & Oreos*

#### **Individually Packaged Cheese Pizza:**

Ingredients & Allergens

- **Crust:** wheat flour, water, corn oil, yeast, salt
- **Mozzarella cheese:** pasteurized part-skim milk, cheese cultures, salt, enzymes
- **Sauce:** tomato puree, water, oregano, salt, black pepper
- **Wheat, dairy**

#### **Individually Packaged Apple Slices:**

Ingredients & Allergens

- **Fresh Apples:** contain Calcium Carbonate and Asorbic Acid

#### **Individually Packaged Oreos:**

Ingredients & Allergens

- **Oreos:** Wheat Flour, Sugar, Vegetable Oil (Palm), Fat Reduced Cocoa Powder 4.6%, Wheat Starch, Glucose-Fructose Syrup, Raising Agents (Potassium Hydrogen Carbonate, Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate), Salt, Emulsifiers (Soya Lecithin, Sunflower Lecithin), Flavouring (Vanillin). <http://www.oreo.co.uk/>



## Walker School- Menu Information

### *Meal #2: Gluten Free Cheese Pizza, Apple Slices & Gluten Free Cookie*

#### **Individually Packaged Gluten Free Cheese Pizza:**

##### Ingredients & Allergens

- **Crust:** rice flour, tapioca starch, filtered water, potato starch, egg whites, eggs, vegetable shortening (canola oil, hydrogenated cottonseed oil), sugar, contains less than 2% of the following: organic extra virgin olive oil, yeast, salt, natural flavour, organic defatted soy flour, kosher gelatin, leavening (baking soda, sodium aluminium phosphate), soy lecithin, xanthan gum, gum arabic, organic guar gum
- **Mozzarella cheese:** pasteurized part-skim milk, cheese cultures, salt, enzymes
- **Sauce:** tomato puree, water, oregano, salt, black pepper
- **Dairy, eggs, soy**

*-Hri pizza is not a gluten-free facility. We follow strict guidelines in preparing our gluten-free products, which includes baking the pizza in the manufacturer's pan, but unfortunately cross contamination can still occur. We advise anyone with celiac disease or wheat/gluten allergies to please use caution when consuming these products*

#### **Apple Slices:**

##### Ingredients & Allergens

- **Fresh Apples:** contain Calcium Carbonate and Asorbic Acid

#### **Gluten Free Cookie:**

##### Ingredients & Allergens

- **Oreos:** Contains soy. May contain milk, eggs, peanuts and tree nuts. Ingredients- tapioca flour, rice flour, vegetable shortening (palm oil, soybean oil, canola oil, alpha-tocopherol as an antioxidant), confectioner's sugar, cocoa (processed with alkali), water, tapioca syrup, corn starch, cassava flour, dextrose, cocoa, potato flour, soy lecithin, salt, natural vanilla flavor, sodium bicarbonate, xanthan gum.



## Walker School- Pasta Menu Information

### *Meal #3: Buttered Pasta with Marinara (Side), Breadsticks & Oreos*

#### **Pasta & Sauce:**

##### Ingredients & Allergens

- **Pasta:** water, durum wheat, semolina flour & soybean oil
- **Pasta Allergens:** wheat, depending on sensitivity to Soybean oil, a slight soy allergen
- **Marinara:** vine-ripened fresh tomatoes, fresh sautéed onions in a blend of extra virgin olive oil and sunflower oil, carrot puree, garlic puree, salt, sugar, basil, seasonings and naturally derived citric acid
- **Marinara Allergens:** Seeds (sunflower oil)
- **Butter:** pasteurized cream
- **Butter Allergens:** milk

#### **Breadstick:**

##### Ingredients & Allergens

- **Breadstick:** enriched bleached flour, egg white, fresh yeast, water, wheat gluten, salt, vegetable shortening (no palm oils), pure cane sugar, malt, yeast, nutrients
- **Breadstick Allergens:** wheat and eggs

#### **Individually Packaged Oreos:**

##### Ingredients & Allergens

- **Oreos:** wheat flour, sugar, vegetable oil (palm), fat reduced cocoa powder 4.6%, wheat starch, glucose-fructose syrup, raising agents (potassium hydrogen carbonate, ammonium hydrogen carbonate, disodium hydrogen carbonate), salt, emulsifiers (soya lecithin, sunflower lecithin), flavouring (vanillin). <http://www.oreo.co.uk/>



## Walker School- Menu Information

### *Meal #4: Grilled Chicken, Apple Slices & Gluten Free Cookie*

#### **Grilled Chicken:**

##### Ingredients & Allergens

- **Chicken marinade:** olive oil blend (canola & vegetable oil, olive oil), red wine vinegar, durkee rotisserie seasoning (salt, dehydrated onion, paprika, chili pepper and other spices, dehydrated garlic, citric acid, red pepper, less than 2% silicon dioxide to prevent caking), la flor adobo seasoning (salt, garlic, onion, black pepper, oregano, paprika, disodium guanylate, disodium inosinate, coriander and cardamon.)

#### **Apple Slices:**

##### Ingredients & Allergens

- **Fresh Apples:** contain Calcium Carbonate and Asorbic Acid

#### **Gluten Free Cookie:**

##### Ingredients & Allergens

- **Oreos:** Contains soy. May contain milk, eggs, peanuts and tree nuts. Ingredients- tapioca flour, rice flour, vegetable shortening (palm oil, soybean oil, canola oil, alpha-tocopherol as an antioxidant), confectioner's sugar, cocoa (processed with alkali), water, tapioca syrup, corn starch, cassava flour, dextrose, cocoa, potato flour, soy lecithin, salt, natural vanilla flavor, sodium bicarbonate, xanthan gum.

## **Ketchup:**

### Ingredients & Allergens

- **Heinz Ketchup:** Tomato Purree, Honey, White Wine Vinegar, spices, Onion Powder and Salt.

## **BBQ Sauce:**

### Ingredients & Allergens

- **Sweet Baby Ray's BBQ Sauce:** High fructose corn syrup, distilled vinegar, tomato paste, modified food starch, contains less than 2% of: salt, pineapple juice concentrate, natural smoke flavor, spices, caramel color, sodium benzoate as a preservative, molasses, corn syrup, garlic (dried), sugar, tamarind, natural flavor. Gluten free.

## **Ranch:**

### Ingredients & Allergens

- **Ranch Dressing:** buttermilk, vegetable oil (soybean and/or canola), water, egg yolk, contains less than 2% of: salt, non fat dry milk, monosodium glutamate, cream solids, sugar, lactic acid, modified food starch, natural flavor (milk), potassium sorbate as a preservative, distilled vinegar, onion, xanthan gum, spices, garlic, guar gum.